Module 7 Part 1: Self-Assessment of Resources

Spiritual Reflection:

### Galatians 6:2-5 - New International Version (NIV)

2Carry each other’s burdens, and in this way you will fulfill the law of Christ. 3If anyone thinks they are something when they are not, they deceive themselves. 4Each one should test their own actions. Then they can take pride in themselves alone, without comparing themselves to someone else, 5for each one should carry their own load.

In today’s session we applied what we learned in the last session - that poverty may be viewed as a lack of resources. We identified our personal areas of plenty and areas of lack.

The above passage provides direction on how to act for ourselves and in relation with others. What are some of the things we might do to ‘deceive ourselves’ in our abilities to ‘carry our own loads?’ How might we deceive ourselves in trying to help others with their ‘burdens?” What is meant by ‘testing our own actions?’

How do resources help us carry our loads? Are you burdened? If so, what is the source of your burden? Is the source of your burden linked to a lack of a specific resource(s)?

Are there others in your life who struggle with burdens that might be transformed into a load and then carried if they had greater personal resources? How might you help them?

Although we struggle in obtaining/maintaining certain resources, how might we use our resources we have aplenty to help someone carry their ‘burden?’ When might it be ‘right’ to us and to others to share resources we don’t have in abundance? When might it be ‘right’ to us and to others to share our abundant resources?

*Share as you desire*

**Matthew 5:5-10 -** New International Version (NIV)

5Blessed are the meek,  
     R: for they will inherit the earth.  
6Blessed are those who hunger and thirst for righteousness,  
     R: for they will be filled.  
7Blessed are the merciful,  
    R: for they will be shown mercy.  
8Blessed are the pure in heart,  
     R: for they will see God.  
9Blessed are the peacemakers,  
     R: for they will be called children of God.  
10Blessed are those who are persecuted because of righteousness,  
     R: for theirs is the kingdom of heaven.