**Module 2: Theory of Change – Understanding Tranny of the moment – Breaking out of the trap**

**Spiritual Reflection:**

***“Social isolation and the lack of social support****are barriers to getting out of poverty. People get stuck in poverty partly because it creates what Paulo Freire calls****“the tyranny of the moment.”****When an individual is focused on simply surviving and the pressing needs of the day require immediate responses, they are forced into the* ***tyranny of the moment.*** *Poverty becomes self-perpetuating, in part, because people cannot get out of crisis mode long enough to plan for the future.”* <http://www.communityactionduluth.org/community_engagement/tyranny.html>

Reflect for a moment on this statement: how does this relate to your ‘life now”?

Luke 5:37

*“No one puts new wine into old wineskins.”*

**Our work in effecting change for a better future condition is oftentimes a leap of faith; one that is neither without anxiety or assured of success; therefore, getting to a new future will change things for not only me but those around me.**

 **Share as desired…**

**Thank you Lord for the ability to create a plan to break out of this trap,**

 **Believing this, will help it to become a reality in my life.**

**Thank you Lord for the wisdom to plan and achieve CHANGE in my life.**

 **Believing this, will help it to become a reality in my life.**

**Thank you Lord for the strength to create my plan to avoid falling back into my old crisis mode – tyranny of moment,**

**Believing this, will help it to become a reality in my life.**