

Module 2: Theory of Change--Understanding Tyranny of the Moment – Breaking Out of the Trap

Spiritual Reflection:

*“Social isolation and the lack of social support are barriers to getting out of poverty. People get stuck in poverty partly because it creates what Paulo Freire calls **“the tyranny of the moment.”** When an individual is focused on simply surviving and the pressing needs of the day require immediate responses, they are forced into **the tyranny of the moment.** Poverty becomes self-perpetuating, in part, because people cannot get out of crisis mode long enough to plan for the future.”*

communityactionduluth.org/community_engagement/tyranny.html

Reflect for a moment on this statement: how does this relate to your ‘life now’?

Luke 5:37

“No one puts new wine into old wineskins.”

Our work in effecting change for a better future condition is oftentimes a leap of faith; one that is neither without anxiety nor assured of success; therefore, getting to a new future will change things for not only me but also those around me.

Share as desired...

**Thank you Lord for the ability to create a plan to break out of this trap,
Believing this, will help it to become a reality in my life.**

**Thank you Lord for the wisdom to plan and achieve CHANGE in my life.
Believing this, will help it to become a reality in my life.**

**Thank you Lord for the strength to create my plan to avoid falling back into my old crisis mode--tyranny of moment,
Believing this, will help it to become a reality in my life.**