



# Frédéric's 5

5 Things You Need to Know

Simplicity · Humility · Gentleness · Selflessness · Zeal

NOVEMBER 26, 2025

## Should We Think of the Society as an Apostolate or a Ministry?

In Catholic Church circles, there has been a debate over the last 20 years about what to call church groups – “ministries” or “apostolates.” “Ministry” seems to be the favorite as it’s easy to say, but in recent years there has been more of a push to use the word “apostolates.” I want to argue the Society of St. Vincent de Paul is more of an apostolate and why it’s important.

In the book, *Modern Catholic Dictionary* by John A. Hardon, S.J. (from my area of Southwest Michigan), Fr. Hardon defines ministry as “authorized service of God in the service of others, according to specified norms revealed by Christ and determined by the Church.” [Read more...](#)



## THIS WEEK'S FEATURE: Giving Tuesday

#iGIVECATHOLIC  
ON GIVING TUESDAY

December 2, 2025

### Your Giving Tuesday Gift Will Be MATCHED!

This Giving Tuesday (December 2), a generous donor has pledged \$150,000 to match every gift dollar-for-dollar through December 31. When a family faces eviction, when groceries run out before payday, when utilities need to be paid –

your doubled gift makes all the difference. Our goal is to raise \$50,000 on Giving Tuesday to help families in crisis with rent, food, transportation, and essential needs. Your \$50 becomes \$100. Your \$100 becomes \$200. Your \$250 becomes \$500 for families who need it most.

[Make Your Match Gift Today...](#) Real families. Real needs. Double the impact.

## NFL "MY CAUSE MY CLEATS" CAMPAIGN

The Society of St. Vincent de Paul is honored to be a "My Cause My Cleats" nonprofit again this year.

"My Cause My Cleats" is an annual NFL initiative where players wear custom cleats to raise awareness for a cause of their choice. NFL players Abraham Lucas of the Seattle Seahawks, Jon Runyan of the New York Giants, and Zach Tom of the Green Bay Packers are choosing to raise



awareness for SVdP and the work we do to serve families facing hunger, housing crises, and hardship. We are so thankful for their support.

[Learn more...](#)



## FAITH IN ACTION. ROOTED IN LOVE.



### Bringing the Vincentian Voice to PRSA: Paula Gwynn Grant Speaks at Annual Conference

Last month, our Senior National Director of Marketing and Communications Paula Gwynn Grant participated in an interfaith communications workshop session at the annual Public Relations Society of America (PRSA) conference held at the historic Washington Hilton Hotel in Washington, D.C. The hotel is known for hosting major events like the White House Correspondents' Association Dinner and the National Prayer Breakfast. It is also the site of the 1981 assassination attempt on President

Ronald Reagan. [Read more...](#)

## UPCOMING EVENTS

**Friday, December 5 at 2:00pm CDT**

[Poverty Action Committee First Friday Webinar - Reentry Programs](#)

**Wednesday, December 10 at 7:00pm CDT**

[Leadership Training: Effective Conference Meetings](#)

**Tuesday, December 16 at 1:30pm CDT**

[Getting Ahead 101](#)

**Tuesday, December 16 at 6:30pm CDT**

[Getting Ahead 101 \(Second Session\)](#)

**Tuesday, December 23 at 7:00pm CDT**

[Multicultural Diversity Committee Meetings](#)



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Society of St. Vincent de Paul USA | 66 Progress Parkway | Maryland Heights, MO 63043 US

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